

Health & Physical Education (K-12) Methodist University

Competency		Course Prefix & Number	Course Title	Course Offerings
A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.			When multiple courses are listed for one competency, only one course is required to satisfy the competency, unless otherwise noted.	
A	Foundations, Principles, & Practices of Physical and/or Health Education	PXS 2050	Introduction to Physical Education and Health Education	S
B	Individual, Community, & Global Health Issues	PXS 3000	Community Health	F ^e
C	Human Biology, Anatomy, & Reproductive Health	BIO 2120*	Survey of Human Anatomy and Physiology II	S
D	Fundamental Motor Skills & Movement Forms	PXS 2600	Motor Learning	S
		PXS 3200	Motor Development	F
E	Sports, Physical & Leisure Activities	WEL 2010	Physical Activities (1 SE each)	F, S
F	Healthy Behavior, Fitness, & Obesity Prevention	PXS 2400	Human Nutrition	F, S
		WEL 2180	Concepts of Fitness and Nutrition	F, S

Posted: 4/22/2016

Revised: Spring 2016

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.methodist.edu